

Spending time with Jesus

ADORE

Just thank Jesus for being here. Be happy in his presence.

THINK

Jesus is right here. How great is that? Think about it for a little bit. The same Jesus who was born in the stable. The same Jesus who died on the cross.

PRAYFOR ...

yourself, your family and friends, anything important.

OPENING PRAYER

I believe, my God, that you are here. I love you!

You are great and holy. I adore you!

You have given me every good thing I have. Thank you very much!

I am happy to have this time with you.

Things you might want to think or pray about while here with Christ:

- What do you want to say to Jesus?
- How do you want to listen to Jesus today? Listen quietly.
- He might want to say something to you.
- Whom do you want to pray for?
- What blessings do you hope Jesus will send to the world through your prayer?

Prayer for listening

I am so glad to be with you, Jesus! You are happy to welcome me here.

You have words of everlasting life for me and I want to listen.

I give you all my worries and needs so they do not stop me from hearing you.

Please open my mind and my heart to your Holy Spirit.



Benediction

Make the Sign of the Cross when the monstrance is used to bless us.

The Eucharist will be put back (reposed) in the tabernacle.

The Divine Praises

Repeat each line.

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

Holy God, We Praise Thy Name

Holy God, we praise thy Name;

Lord of all, we bow before thee!

All on earth thy scepter claim,

all in heaven above adore thee;

infinite thy vast domain,

everlasting is thy reign.

infinite thy vast domain,

everlasting is thy reign.

Our Father

Our Father, who art in heaven,
hallowed be thy name; thy kingdom come;
thy will be done on earth as in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us no into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace.
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory to the Father,
and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.